

INSTRUCTIONS FOR SIGNING A LIVING WILL - which is technically called a
DECLARATION AS TO MEDICAL OR SURGICAL TREATMENT

1. First, read the whole document, and be sure that you understand what it means.
2. For the part numbered 2, decide whether you will want to have provision a, b, or c apply to you. But don't make any marks on the form yet.
Provision
 - a. Means that you want the feeding tube taken out when they remove all the rest of the equipment.
 - b. Means that you want the feeding tube to stay in for however many days you want. Just fill in the blank with the number of days you want.
 - c. Means that you want the feeding tube to stay in forever.
3. Find two people willing to serve as witnesses for you.
YOUR WITNESSES CANNOT BE FAMILY MEMBERS, OR ANYONE WHO MIGHT INHERIT YOUR PROPERTY WHEN YOU DIE.
4. Take the witnesses with you to someone who will be able to notarize the Living Will for you. **WHILE YOU AND BOTH WITNESSES ARE IN FRONT OF THE NOTARY:**
 - A. Print your name in the blank at the top of the form.
 - B. Write your initials next to your choice in part 2 – either a, b, or c.
 - C. Fill in the date at the end of the line for part 3. [The line that says, "I execute this declaration, as my free and voluntary act, this ____ day of _____, 200____.]
Example: this 3rd day of November, 2003.
 - D. Sign your name on the long line above where it says Declarant.
 - E. Fill in the lines at the end of the next printed paragraph.
Example: at Denver, Colorado, this 3rd day of November, 2003.
 - F. Have each witness sign, and write in his or her address.
 - G. Then have the notary fill in the rest of the blanks, and notarize the document.

You can give the completed Living Will to your doctor, or to a friend or family member to give to the medical people when it is needed. Keep a Xerox copy for yourself, and feel free to give a Xerox copy to anyone you would want to have a copy.

You can revoke your Living Will any time you change your mind. Just try to get all the copies back, and write "REVOKED" across each copy, and then sign your name and the date on which you have revoked your Living Will.

The Living Will will never be used against your consent, or when you are able to tell people of your own decisions.

If you want to provide more details than are on this Living Will form you should execute a Durable Power of Attorney, giving a friend or relative authority to act on your behalf

when you can no longer make your own decisions. The Durable Power of Attorney should also be signed before a notary.